

OCEAN PALACE

AT
HARBOUR
HEIGHTS

海洋宮殿在沙洲

CHINESE TAKEAWAY MENU

01202 707 272
(collection only)

Haven Road, Sandbanks, Poole, Dorset BH13 7LW

APPETIZERS

熏鸡丝	3	Szechuan Style Deep Fried Shredded Smoked Chicken	9.95
干贝	7	Crispy Seaweed	6.50
素春卷	8	Vegetarian Pancake Rolls (6)	4.50
椒盐骨	10	Garlic Salt & Chilli Spare Ribs	9.50
京都骨	11	Spare Ribs Peking Style	9.50
芝麻虾	14	Deep Fried Prawns, Sesame Seeds on Toast	9.95
锅贴	15	Grilled Pork Dumplings Peking Style	7.95
凤尾虾	16	Butterfly Prawns in Breadcrumbs	9.95
椒盐鲜鱿	17	Stir Fried Squid Curls with Garlic Salt & Chilli	9.95
串沙爹鸡	19	Satay Chicken on a Bamboo Skewer (4)	9.50
串沙爹虾	20	Satay Prawns on a Bamboo Skewer (4)	9.95
虾片	21	Prawn Crackers	2.40
椒盐虾	24	Garlic Salt & Chilli Prawns	9.95

SOUPS

鸡米汤	27	Sweetcorn & Chicken Soup	5.45
酸辣汤	28	Szechuan Hot & Sour Soup	5.45
毛菇鸡汤	29	Chicken & Mushrooms Soup	5.45
鸡面汤	30	Chicken & Noodles Soup	5.45
什菜汤	31	Mixed Vegetables Soup	5.45

DUCK DISHES

一只香酥鸭	32	Whole Crispy Aromatic Duck	47.00
1/2 香酥鸭	33	Half Crispy Aromatic Duck	25.00
1/4 香酥鸭	34	Quarter Crispy Aromatic Duck	14.00

Served with Hoisin Sauce, Cucumber, Spring Onions & Pancakes

SEAFOOD DISHES

鱼香大虾	46	'Sea Spicy' Prawns Szechuan Style with Bamboo Shoots & Cloud Ear Fungus in Spicy Sauce	10.95
咖喱大虾	47	Curried King Prawns	12.95
时菜大虾	48	Fried Prawns with Seasonal Greens	12.95
姜葱大虾	49	Fried Prawns with Ginger & Spring Onions	12.95
宫保大虾	50	Kung Po Prawns with Water Chestnuts in Sweet Chilli Sauce	12.95
黑椒大虾	51	Fried Prawns with Black Pepper Sauce	12.95
咕嚕大虾	52	Sweet & Sour Prawns	12.95
豉椒大虾	54	Fried Prawns with Green Pepper & Chilli in Black Bean Sauce	12.95
中腰大虾	55	Fried Prawns with Cashew Nuts Cantonese Style	12.95
豉椒带子	57	Fried Scallops with Green Peppers & Chilli in Black Bean Sauce	15.95
鱼香带子	58	'Sea Spicy' Scallops Szechuan Style	15.95
时菜带子	59	Fried Scallops with Seasonal Greens	15.95

CHICKEN DISHES

咖喱鸡	63	Curried Chicken	12.25
鱼香鸡	64	Szechuan 'Sea Spicy' Chicken with Bamboo Shoots & Cloud Ear Fungus in Spicy Garlic Sauce	12.25
沙爹鸡	65	Chicken in Satay Sauce	12.25
腰果鸡	66	Diced Chicken & Cashew Nuts in Yellow Bean Sauce	12.25
宫保鸡	67	Kung Po Chicken in Sweet & Chilli Sauce	12.25
柠檬鸡	68	Chicken Supreme in Lemon Delight	12.25
豉椒鸡	69	Chicken with Green Pepper & Chilli in Black Bean Sauce	12.25
咕嚕鸡	70	Chicken in Sweet & Sour Sauce Hong Kong Style	12.25
鸡球甜酸	72	Sweet & Sour Chicken Balls	12.25
中腰鸡	73	Diced Chicken with Cashew Nuts Cantonese Style	12.25

BEEF DISHES

黑椒牛柳	86	Fillet of Beef with Black Pepper Sauce	16.95
中式牛柳	87	Mandarin Fillet of Beef in Tomato Sauce	16.95
咖喱牛	101	Curried Beef	12.50
乾牛丝	102	Deep Fried Shredded Beef in Chilli Sauce	12.50
鱼香牛	103	Szechuan 'Sea Spicy' Beef with Bamboo Shoots & Cloud Ear Fungus in Spicy Garlic Sauce	12.50
沙爹牛	104	Sliced Beef in Satay Sauce	12.50
姜葱牛	105	Beef with Ginger & Spring Onions	12.50
黑椒牛肉	106	Sliced Beef with Black Pepper Sauce	10.50
蚝油牛	107	Sliced Beef in Oyster Sauce	10.50
豉椒牛	108	Beef with Green Peppers in Black Bean Sauce	10.50

If you have concerns about food allergies or intolerances, please ask a staff member before ordering your take away.

PORK DISHES

咖喱肉	109	Curried Pork	10.50
咕嚕肉	110	Sweet & Sour Pork Peking Style	10.50
腰果肉	111	Diced Pork with Cashew Nuts	10.50
时菜叉烧	112	Sliced Roast Pork with Seasonal Vegetables	10.50

SPECIAL VEGETABLE DISHES

黑椒西兰花	118	Broccoli in Black Pepper Sauce (v)	6.95
罗汉上素	119	Lo-Han Monk's Vegetables (v)	6.95
炒芽菜	120	Stir Fried Beansprouts (v)	6.95
炒什菜	121	Fried Mixed Vegetables (v)	6.95
白菜	124	Pak Choi (v)	8.45

RICE & NOODLE DISHES

扬州炒饭	125	Special Fried Rice with Prawns, Chicken & Roast Pork	8.95
大虾炒饭	126	King Prawns Fried Rice	10.25
鸡丝炒饭	127	Chicken Fried Rice	6.50
牛肉炒饭	128	Beef Fried Rice	6.50
蛋炒饭	129	Egg Fried Rice	4.95
白饭	130	Plain Boiled Rice	3.95
扬州炒面	131	Special Fried Noodles with Prawns, Chicken & Roast Pork	8.95
虾仁炒面	133	King Prawns Fried Noodles	10.25
鸡丝炒面	134	Chicken Fried Noodles	6.50
牛肉炒面	135	Beef Fried Noodles	6.50
银芽炒面	136	Plain Fried Noodles with Beansprouts	6.50
星洲炒米	137	Singapore Style Fried Noodles (Spicy Hot)	8.25

SET DINNER MENUS

Minimum of 2 people

212C

Peking De Luxe
29.00 per person

Starter

Deep Fried Shredded Smoked Chicken
Prawns on Toast with Sesame Seed

Second Course

Crispy Aromatic Duck with Pancakes

Main Course

Chicken with Cashew Nuts
in Yellow Bean Sauce
Crispy Shredded Beef in Chilli Sauce
Spicy King Prawns in Garlic Sauce
Lo-Han Monk's Vegetables
Egg Fried Rice

214E

Ming De Luxe
24.00 per person

Starter

Dry Barbecued Spare Ribs
Crispy Spring Rolls

Main Course

Sweet & Sour Chicken
Beef with Ginger
& Spring Onions
Pork with Black Pepper Sauce
Mixed Vegetables
Egg Fried Rice