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RESTAURANT

Seasons Lunch Menu

WHILE YOU WAIT

NIBBLES BOARD *mixed breads, Haven olive mix, selection of oils & dips, dry roasted chick peas, wild rice puffs* 10pp

WRAPS

THE SPICED MOROCCAN
charred aubergine, chick peas, tahini, pomegranate, kos 9

PROVENCE CHICKEN
charred pepper, guacamole, rocket, oregano 11

SMOKED MACKEREL & MIX BEAN
red onion, lime, chervil 8.5

MAINS

CRISPY SOFT SHELL CRAB
avocado salsa, rice noodles, exotic dressing 19.5

SPICY BBQ PULLED PORK BURGER
BBQ ketchup, slaw, French fries 18.5

HAVEN'S BEER BATTERED FISH & CHIPS
pea fritter, tartare sauce, French fries, lemon 17.5

SESAME & SOY POKE BOWL
sticky rice, pickled ginger, soya beans
Crispy Beef 18
Tempura Vegetables 15

VEGAN BUTTERNUT SQUASH LASAGNE
baby spinach, charred vegetables, summer salad, sour dough bread 16.5

CLASSIC MOULES MARINIERE
Small 11
Large 18

SALADS & SANDWICHES

CHICKEN CLUB SALAD
avocado, soft egg, vinaigrette, crispy smoked bacon & onion 19.5

BAKED ROSEMARY & GARLIC CAMEMBERT
chilli jam, crusty sour dough bread 14

HAVEN SEAFOOD CLUB
smoked salmon, prawn, crab, saffron mayo, granary bread, salad, crisps 17.5

VEGAN WALDORF SALAD
apple, cucumber, walnuts, kos, grapes, celery, vegan acidulated cream dressing 16

SMOKED SALMON & BROWN SHRIMP BAGEL
horseradish cream cheese, salad, crisps 17

MERGUEZ SAUSAGE
minted cous cous, lime pickle, raita 16.5

DESSERTS

NEW FOREST STRAWBERRY GRATIN
mascarpone, wild flower honey biscuits 9

WARMED CHOCOLATE CHIP & BUTTERMILK CAKE
Dulce de leche, coffee ice cream 9

ICE CREAMS
chocolate, vanilla or strawberry
per scoop 2.5

APRICOT & ELDERFLOWER SEMI FREDDO
almond florentine 9

SELECTION OF CHEESES
grapes, celery, Haven chutney, biscuits 12

SORBETS
lemon, raspberry or mango, per scoop 2.5

Dine with us

12-NOON TO 3PM

Please call **01202 707 333** to book a table or visit www.fjbhotels.co.uk. **The Haven Hotel**, 161 Banks Road, Poole, BH13 7QL

Should you have any concerns about food allergens or intolerances, please talk to a member of staff before ordering your food or drink.

We can provide an allergen chart for all of our dishes if required. Please note a 10% service charge will be added to your bill, which will be shared with the whole team.

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