# INTRODUCTION

Introducing Massage Merit Spa experience aiming to give you the ultimate in luxury body care for a true total spa experience, using the very best products aimed to bring about balance, wellbeing and skin health. Partnering with VOYA a multi-award winning spa brand boasting a certified organic status with its core ingredient – seaweed. A luxury retail, spa products and treatments. You will be amazed by the power of the sea!

## WHAT TO EXPECT

### MEET & GREET

Arriving at Massage Merit Spa, you'll be greeted by one of our friendly staff that will invite you to fill out your personalized form to indicate any medical history, injuries, or physical conditions you are aware of. As this step is very important, we advise to arrive 15 minutes early to give yourself enough time.

### GETTING YOU COMFORTABLE

Once you have completed your form, your therapist will walk you to our changing rooms for you to get ready, once ready you will then be asked to take a seat in our waiting area. Your therapist will collect you from there and take you to your spa room where she'll go over your personalised form with you and discuss the areas of your body you'd like her to address. This session should take approximately 10mins for both consultation and dressing.

### DURING YOUR SERVICE

Your chosen spa treatment will be customized specifically for you focusing on specific parts of your body you mentioned. And remember, your comfort matters. Feel free to talk with your therapist if any adjustment is required. It's important to relax your mind and muscles during your massage. Breathe normally and try not to tighten or contract your muscles.

### WRAPPING UP

When your spa treatment is complete, your therapist will wait outside while you dress into your robe. When you're ready, they'll return with you to the waiting area and offer you a glass of water or a warm beverage (as it's important to stay hydrated post service). And if you appreciated your experience, you can always leave us a positive review on Google and Facebook. We look forward to your visit

# SERVICES

## MASSAGES

**HOT CANDLE MASSAGE**
45mins £60 (Mon-Thur) | £70 (Fri-Sun)
75mins £105 (Mon-Thur) | £110 (Fri-Sun)

Tailored hot aromatic oil unravels and melt away any tensions and stress, helping encompass your mind leaving you super relaxed and rejuvenated. Perfect during those dull weather days.

**CALM SEAS BODY BALANCE RITUAL**
75mins £110 (Mon-Thur) | £115 (Fri-Sun)

Full body Ritual starting with a soothing back massage with mindful moments body oil + Warm seaweed compresses are applied to the fee for complete relaxation + scalp and face treatment to help you unwind

Taking you on a restorative journey into hydration, relaxation, and comfort with this 75 minute 'Calming Voyage Massage'. This top-to-toe treatment uses hand-harvested organic seaweed leaves and an abundance of nourishing vitamins and minerals to minimize skin sensitivity and restore moisture balance. Layer upon layer of hydration will ensure your skin feels soft, soothed, and comforted in this full-body spa ritual.

**MASSAGE MERIT TOTAL BODY RECOVERY**
75mins £110 (Mon-Thur) | £120 (Fri-Sun)

MASSAGE JOURNEY A complete top-to-toe relaxation journey, this ritual incorporates scalp, face, and body massage alongside stretches that echo the movement of the sea. Combining both gentle and stimulating motions, this massage is the ultimate luxury treatment to relieve aches and pains.
**Tailored to individual needs*

**AROMATHERAPY**
45mins £60 (Mon-Thur) | £70 (Fri-Sun)
75mins £105 (Mon-Thur) | £110 (Fri-Sun)

Ultimate wellbeing with beautifully blended essential oils that it offers pain relief, and the aroma's mental stimulation providing you with total relaxation and ultimate massage experience.

**MOTHER TO BE – ORGANIC PRECIOUS MOMENTS**
75mins £130 (Mon-Thur) | £140 (Fri-Sun)

VOYA's Precious Moments treatment is tailored specifically to mum and her growing bump. Your bump is enveloped in a specialised mask to help to support connective tissue and prevent stretch marks.

Your feet are wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage, and reduce fluid retention. The hydrating organic masks work their magic while mum enjoys a relaxing face, hand, and arm massage. The perfect rejuvenating treatment to support the wonderful journey to motherhood.

**MASSAGE MERIT SIGNATURE EXPERIENCE**
2hrs 30mins £289.98 (Mon-Thur) | £299.98 (Fri-Sun)

Salt and seaweed body scrub + aromatherapy massage + Restorative facial + scalp massage

Time to take some well-deserved time off and truly surrender to a total well-being experience. A truly luxurious sea spa experience that welcomes you with a fresh pot of herbal tea handpicked to enhance your relaxation experience. Hot towels, foot cleanse and organic seaweed body scrub unfolds this spa ritual, followed by a full body massage which culminates with a soothing scalp massage waxing off with a restorative skin facial leading you to new levels of complete relaxation.

## BODY SCRUB

**ORGANIC LAVENDER AND SEAWEED SUGAR GLOW**
50mins £85 (Mon-Thur) | £90 (Fri-Sun)

Organic lavender and seaweed sugar scrub treatment combines a wonderful fragrant mix of lavender oil, seaweed and sugar. This treatment has a double action of gently removing dead skin cells with sugar and healing with the seaweed extracts and lavender essential oil.

**LUSCIOUS SALT GLOW**
50mins £85 (Mon-Thur) | £90 (Fri-Sun)

Luscious Salt Glow is infused with Dead Sea salts and organic seaweed oil, a combination which hydrates the skin, stimulates blood and lymph flow while firming skin tone and increasing lustre. This treatment removes dull skin and refines skin texture.

**ORGANIC PEPPERMINT AND SEAWEED SUGAR GLOW**
50mins £85 (Mon-Thur) | £90 (Fri-Sun)

This refreshing and all-over exfoliation treatment awakens the skin and body. It features a beautiful mix of organic peppermint leaf, seaweed and sugar, all of which perform the double action of gently removing dead skin cells while introducing you to the uplifting effects of our peppermint essential oil.

## WRAP

**ORGANIC WARM SPICED MUD WRAP**
75mins £110 (Mon-Thur) | £115 (Fri-Sun)

Seaweed is taken fresh from the ocean and its purifying elements – including potent antioxidants and minerals – are encapsulated in VOYA's Organic Warm Spiced Mud Wrap. Infused with aromatic spices of ginger and orange to revive the senses, this wrap has immediate and noticeable effects on the skin, including firming and toning. It is a serious detoxifier, metabolism stimulator, and a natural anti-ageing boost. This treatment is a must for the results-driven client.

**ORGANIC OCEAN ESSENCE TOTAL BODY WRAP**
75mins £110 (Mon-Thur) | £115 (Fri-Sun)

Combining the detoxifying power of Fucus Serratus and the cellulite-reducing abilities of Laminaria, this treatment helps stimulate the blood and lymph flow, detoxify and hydrate the skin, and encourage the renewal of skin cells. This wrap is an excellent skin rejuvenator, combating the appearance of cellulite and fatigue, whilst producing a moisturising effect.

**ORGANIC TANGLE ME UP WRAP**
75mins £110 (Mon-Thur) | £115 (Fri-Sun)

The VOYA Organic Tangle Me Up Wrap hydrates and relaxes tired and lethargic muscles, relieving stress and fatigue. This treatment includes full-body brushing to increase circulation and to aid penetration of the potent seaweed gel, while the wrap's antioxidant compounds help to protect against environmental cell damage. Skin will be toned and firmed and signs of ageing and cellulite will be visibly reduced.

## SKIN FACIALS

**DELUXE FACIAL EXPERIENCE**
90mins £110 (Mon-Thur) | £120 (Fri-Sun)

The ultimate VOYA facial experience. Your treatment begins with a relaxing back massage to gently melt away muscular pain, followed by a 65 minute results driven hydrating and purifying facial, including a 20 minute facial massage to deeply hydrate the skin, along with a dual action facial mask which utilizes the exclusive re-mineralising Mermaid's Purse and Laminaria Seaweed Leaves. Leaving the skin rejuvenated, the appearance of deep set wrinkles are reduced and the skin's texture is left hydrated and plumped. This is the crème de la crème of all facial experiences.

**ANTI-AGEING RESTORATIVE FACIAL**
30mins £65 (Mon-Thur) | £70 (Fri-Sun)
60mins £90 (Mon-Thur) | £95 (Fri-Sun)

This treatment is suitable for all skin types, but in particular those in search of antiageing results. This restorative facial uses VOYA's finest organic ingredients combined with antioxidant algae complexes and a restorative blend of aroma therapy oils. It is this mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles resulting in instantly firmed and tightened skin with a natural and more radiant glow.

**INTENSE DEFENCE MALE FACIAL**
30mins £65 (Mon-Thur) | £70 (Fri-Sun)
60mins £90 (Mon-Thur) | £95 (Fri-Sun)

Exclusively created for men's specific skincare needs, this powerfully effective treatment exfoliates the skin with bamboo spines, enabling a deeper cleanse. The client will enjoy a soothing face and scalp massage, for which VOYA's seaweed leaves and Mermaid's Purse mask are used to soothe even the most sensitive of skin. Fantastic for those affected with shaving rash, razor burn or ingrown hairs; the skin is left hydrated, fresh and mattified.

## HANDS AND FEET

**Luxury Spa Manicure by O.P.I**
60mins £65 (Mon-Thur) | £70 (Fri-Sun)

A gentle massage, scrub and hydrating mask for your hands with delicate cuticle care, nail shape & gel colour finish.

**Luxury Spa Pedicure by O.P.I**
60mins £65 (Mon-Thur) | £70 (Fri-Sun)

Treat your feet with a scrub and dead skin removal, hydrating mask, massage, followed by cuticle care finishing with gel colour finish, leaving you feeling head over heels.

**Gel Colour**
30mins | £45

The full nails makeover, cuticle care, smooth, shape and shade using O.P.I long lasting polish set under UV lamp.

## EYE TREATMENTS

- Eye lash tint £30
- Brow tint £25
- Brow shape £20

# TERMS AND CONDITION

APPOINTMENTS
We advise you book your appointments in advance so that we may best accommodate your needs. To confirm and secure your booking a full payment in advance is required.

CANCELLATION POLICY
We are driven to provide you with the best quality products & the finest services. NO-SHOWS, LATE CANCELLATION OR LATE ARRIVALS is not only inconvenient to our therapists but to other clients as well. When you book your appointment, you are holding a space on our calendar that is no longer available to other clients.

If cancellation is required, please kindly give at least 48 hours prior to treatment. *All services are paid in advance and are non-refundable. They are transferred to next booking if cancelled no later than 48hrs before.*

Less than 48hrs or a NO SHOW, 100% of the treatment costs applies.

YOUR ARRIVAL
Please arrive at least 15minutes before your scheduled treatment. This will allow you to enjoy the spa relaxing environment and a soothing cup of fresh herbal tea whilst going through your consultation to determine your personal needs. Treatments begin and end on time in order not to inconvenient other guests.

BEFORE YOUR TREATMENT
For best results we recommend women shaving or waxing either the day before or after any thermal or body treatments such as scrubs or wraps. For men we recommend to shave on the day of their facial treatment.

CHILDREN IN THE SPA SUROUNDINGS
All persons under the age of 16yrs wishing to have a treatment are regarded as a minor and must be accompanied by a parent or guardian. Please be aware not all treatments may be suitable for them.

VALUABLES
We advise you do not bring or wear any valuables while visiting the spa. The company will not be held responsible for any loss of or damage to personal articles.

PRODUCTS These are available for purchase at your departure to help you continue your well-being regime at home.

GRATUITIES Gratuities are not included in your final bill and are at your discretion.

SPECIAL REQUIRESMENTS
Kindly inform us of any allergies, sensitivities, high blood pressure, diabetes, heart conditions or any other physical ailments or injuries at the time of booking to allow best possible treatment for you. Please notify us if pregnant and how long you are.

MASSAGE MERIT SPA TREATMENTS

Consultations are carried out before all treatments. Please be aware that some treatments are not suitable for certain conditions and It's in your best interests if we suggest an alternative treatment. Always consult your doctor first about any concerns you may have about your health. In certain cases written permission or a signed personal disclaimer will be required by your GP/specialist prior to any treatments conducted.

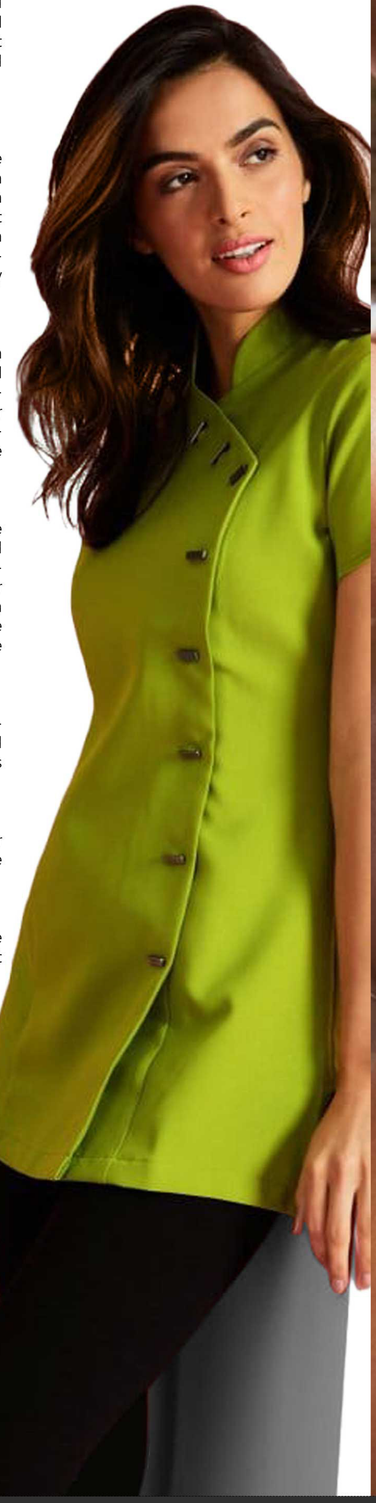
AFTER YOUR SPA TREATMENT WITH US
It is very important to drink water after your treatment with us. Take time to relax immediately afterwards, as this will help ensure you experience the full benefits of the treatment you just received. If you would like to continue your skin experience at home, the products used in your treatment are all available for purchase. Your therapist will be happy to advise you.

LEISURE FACILITIES DURING YOUR VISIT AT THE SPA
We aim to provide a peaceful setting for all guests, so we ask you to keep your mobile phones on silent. Alcohol and smoking are not permitted. Haven Hotel leisure team reserves the right to refuse access to anyone whose dress or behaviour may disturb or endanger other guests at the spa surroundings. PLEASE NOTE; for non-guest use of leisure facilities is charged £20pp on the day and straight to the Hotel.

CHILDREN IN THE SPA SUROUNDINGS
All persons under the age of 16yrs wishing to have a treatment are regarded as a minor and must be accompanied by a parent or guardian. Please be aware not all treatments may be suitable for them.

GIFT CARDS
CARDS Massage Merit Spa gift cards are a perfect gift for that special person and can be purchased online or at the spa reception. Gift certificates are non-refundable.

PAYMENTS
We accept all major credit cards online and cash in-house (if you are to pay by cash, please kindly bring the exact amount.

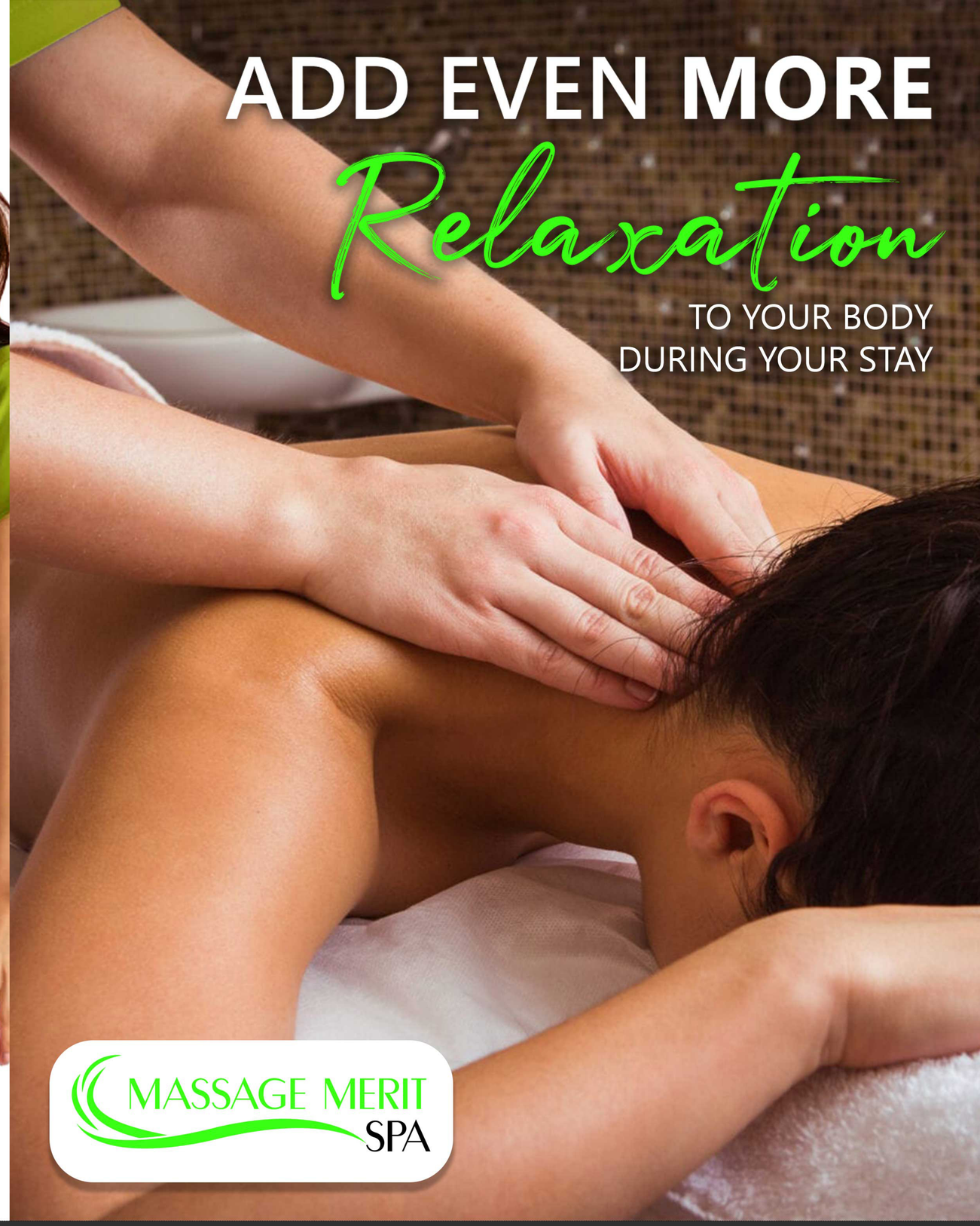


## GIFT CARDS AVAILABLE FOR PURCHASE

## GIVE A GIFT OF WELNESS

### MASSAGE MERIT SPA GIFT VOUCHERS

Now Available for purchase. Give a loved one a gift of a sea spa experience they will never forget today

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OPEN: THUR, FRI, SAT & MON 10AM - 5.30PM SUN 10-4PM

MASSAGE MERIT SPA
@HEAVEN HOTEL LEISURE CLUB