

# The View

## HARBOUR HEIGHTS

### SHARERS

**TARIAN: HUMMUS, ROASTED VEGETABLES, OLIVES, BREAD, OILS, AND BALSAMIC - £13.50**  
(CONTAINS: GLUTEN, WHEAT, SOYA, CELERY, SULPHITES)

**CHARCUTERIE: PROSCIUTTO, SALAMI MILANO, BRESAOLA, OLIVES, BREAD, OILS, AND BALSAMIC - £18**  
(CONTAINS: GLUTEN, WHEAT, SOYA, SULPHITES, MUSTARD)

**FOCACCIA, OILS AND OLIVES - £8.50**  
(CONTAINS: GLUTEN, SULPHITES)

**TOMATO AND MOZZARELLA SALAD - £9**  
(CONTAINS: MILK)

**WHOLE BAKED CAMEMBERT - £14**  
(CONTAINS: MILK, SULPHITES)

### STARTERS

**HONEY GLAZED SMOKED DUCK & CRISPY PANCETTA SALAD - BABY APPLE, CELERY, AND CHERRY - £10**  
(CONTAINS: CELERY)

**BLACK TREACLE CURED SALMON & SALT-BAKED BEETS, SOUR CREAM & CAVIAR - £12**  
(CONTAINS: MILK, SULPHITES, FISH, MOLLUSCS)

**TWICE BAKED CHEESE SOUFFLÉ  
ONION JAM - £11.50**  
(CONTAINS: MILK)

**TOASTED FOCACCIA & CHARGRILLED AVOCADO, CAPER & TOMATO, BASIL DRESSING & RED CHICORY - £8.50**  
(CONTAINS: GLUTEN, MILK, SULPHITES)

**CRISPY HEN'S EGG - £9.50  
MARINATED ARTICHOKE & PARMESAN, TRUFFLE DRESSING**  
(CONTAINS: GLUTEN, SOYA, MILK, EGGS)

### SIDES

FRIES - £5.50

CHUNKY CHIPS - £6.50

SPRING VEGTABLES - £5.50

NEW POTATOS - £5.50

MIXED SALAD- £5.50

### MAIN FOOD

**100Z BRANSGORE SIRLION STEAK - £29.50**  
CHUNKY CHIPS, KING OYSTER MUSHROOMS, BABY LEEKS, ALE & CARAMELIZED ONION JUS  
*ALLERGENS: GLUTEN, SULPHITES, MUSTARD*

**TEMPURA KING PRAWNS - £35**  
CHARRED LOCAL SEA SCALLOPS, CAULIFLOWER TEXTURES, CAVIAR SALSA VERDE, SAMPHIRE  
*ALLERGENS: GLUTEN, SOYA, MILK, FISH, MOLLUSCS*  
*SAUTÉ CHICKEN BREAST*

**SMOKEY CASSOULET, TOASTED SOURDOUGH, SOUR CREAM, TENDERSTEM BROCCOLI - £21.50**  
*ALLERGENS: GLUTEN, CELERY, MILK, SULPHITES*

**GRILLED SEA BASS  
MONTE CARLO & WINTER GREENS, POACHED EGG, CRAYFISH, AND CHERVIL - £25**  
*ALLERGENS: CELERY, MILK, EGGS, SULPHITES, FISH, CRUSTACEANS*

**SWEET POTATO & SQUASH CURRY - £21**  
BASMATI RICE, COMPRESSED WATERMELON, CORIANDER CRÈME FRAÎCHE, TOASTED COCONUT SHAVINGS & FLAKED ALMONDS  
*ALLERGENS: MILK, SULPHITES, NUTS (ALMONDS)*

**BUTTERMILK CHICKEN BURGER - £19.50**  
**CRISPY LETTUCE, TOMATO CHUTNEY, TRIPLE-COOKED CHIPS**  
*ALLERGENS: GLUTEN, SOYA, MILK, SULPHITES, SESAME*

**LAMB SHANK - £27**  
CHARGRILLED MASH, ASPARAGUS, CHANTENAY CARROTS, BROAD BEANS, AND PORT RED CURRANT JAM  
*ALLERGENS: MILK, SULPHITES*

**BAKED VEG MOUSSAKA - £21**  
**OLIVE & CHILI SOURDOUGH AND MIXED SALAD**  
*ALLERGENS: GLUTEN, MILK, EGG*

### PASTA

**CHICKEN PARMIGIANA - £19**  
**PENNE PASTA, CHERRY TOMATOES & BASIL**  
(CONTAINS: GLUTEN, EGGS, SOYA, SULPHITES)

**DORSET CRAB TAGLIATELLE - £25**  
**SPRING ONION, BRAISED LEMON FENNEL, SEA HERBS, THERMIDOR SAUCE**  
(CONTAINS: GLUTEN, EGGS, CRUSTACEANS, SOYA, MILK)

**DOGS - BOWL OF CHICKEN - £8**

*SHOULD YOU HAVE ANY CONCERNS ABOUT FOOD ALLERGENS OR INTOLERANCES, PLEASE TALK TO A MEMBER OF STAFF BEFORE ORDERING YOUR FOOD OR DRINK. WE CAN PROVIDE AN ALLERGEN CHART FOR ALL OF OUR DISHES IF NEEDED.*

*NOTE: AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL, WHICH WILL BE SHARED WITH THE WHOLE TEAM*